

7.1.8 Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

2021-2022

1. COVID Relief Activities of Rajagiri outREACH, Rajagiri College of Social Sciences during the Period May & June 2021 with the Support of Sud-Chemie (India) Pvt. Ltd.

Name of the Programme	COVID Relief Activities of Rajagiri outREACH, Rajagiri College of Social Sciences during the Period May & June 2021 with the Support of Sud-Chemie (India) Pvt. Ltd.
Organised by	Rajagiri outREACH
Date of the programme	May and June 2021

Rajagiri outREACH, Rajagiri College of Social Sciences in association with Sud-Chemie India Pvt. Ltd., had distributed 780 Food kits to COVID and Flood affected families in Ernakulam District on 24th and 25th May 2021. The Food kits were distributed to the COVID and flood affected families of Chellanam Panchayat, Edavanakkad Panchayat, Njarackal Panchayat, HIV infected families, Ambulance drivers, Neighbourhood COVID affected families of Rajagiri College of Social Sciences, needy COVID affected families identified by RCSS through telecounselling and needy staff of Rajagiri College of Social Sciences. In addition to this provisions were also given to Community Kitchen run by Njarackal Panchayat Kudumbashree and Inter Agency Group of NGOs at Ernakulam. Tapioca, banana, Mango and Papaya were also distributed to Njarackal and Edavanakkad families and community kitchen.

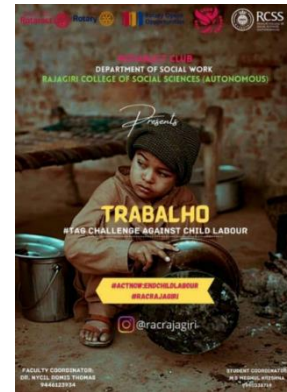
Dr. Fr. Jose Kuriedath CMI, Director, Dr. Fr. Saju M.D.CMI, Associate Director, Shri Saji Mathew HR Head, Sud-Chemie, Fr Shinto Joseph CMI, Assistant Director, Fr. Rintle Mathew CMI, and Mrs. Meena Kuruvilla, Project Director, Rajagiri outREACH, Faculty, Students and non-teaching staff of Rajagiri College of Social Sciences had also participated in packing, loading, unloading and distribution of kits.



2. TRABALHO: Hashtag competition against child labour

Name of the Programme	TRABALHO: Hashtag competition against child labour
Organised by	ROTARACT Club RCSS
Date of the programme	16th June 2021

The Rotaract club at Rajagiri College of Social Sciences put forth a hash tag challenge against child labour called ‘Trabalho’. Students uploaded posters against child labor on social media using the hash tags #Actnowendchildlabour and #racrajagiri in order to make everyone aware about the bitter truth of child labour. Children are the most important resource for future economic growth and yet child labour continues to be a great concern in many parts of the world.



3. Medicine Kit Distribution

Name of the Programme	Medicine Kit Distribution
Organised by	ROTARACT Club RCSS
Date of the programme	17th June 2021

7 migrants from L & T Shipyard, were reported as COVID-19 positive. The project took an initiative to provide medicine for the workers and provided an awareness session for the prevention and treatment of COVID-19 in their native language. Suraksha Migrant Project Staff had visited the site and registered them in Jagratha portal and informed the situation to the panchayat representatives and ASHA worker.

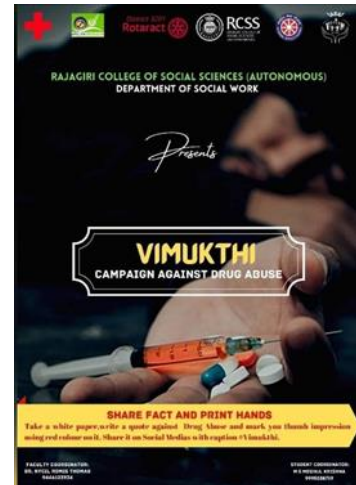


Session on “Call Support / Psychosocial Support for Migrants”. The programme was organized on 17.06.2021 from 2.30 p.m. to 3.30 p.m., by the Labour Department Office of the Labour Commissioner, Thiruvananthapuram. The programme was related to online training on Call Centre Executives.

4. VIMUKTHI- CAMPAIGN AGAINST DRUG ABUSE

Name of the Programme	VIMUKTHI- CAMPAIGN AGAINST DRUG ABUSE
Organised by	RCSS
Date of the programme	26th June 2021

International Day against drug abuse and the illegal drug trade has been observed annually on 26 June, since 1989. Drug abuse is one of the most serious health problems. Besides causing serious diseases such as HIV, hepatitis, and tuberculosis, it has several side effects that include economic loss, antisocial behavior such as stealing, violence, crime, and other activities. The Department of Social Work, Rajagiri College of Social Sciences (Autonomous) organized VIMUKTHI, a campaign against drug abuse as part of observing the International day. This campaign aimed to "Share Fact and Print Hands" the students were provided instructions for being part of this campaign and they were asked to write a quote against drug abuse on a white sheet of paper and mark the thumb impression using a red color on it. Then post it on their social media platform handles by using #Vimukthi. This campaign is intended to impart the message and encourage the students who are the future generation of the country to "Say No" to drugs and "Say Yes" to a happy life. Many students took part in this campaign against drug abuse and they actively became a part of spreading awareness against drug abuse.



5. Mask Distribution by Rajagiri outREACH Kaval Project supported by NSS Unit of Rajagiri College of Social Sciences, Kalamassery

Name of the Programme	Mask Distribution by Rajagiri outREACH Kaval Project supported by NSS Unit of Rajagiri College of Social Sciences, Kalamassery
Organised by	Rajagiri outREACH
Date of the programme	12th July 2021

On 12/07/2021 a mask distribution program was conducted by Rajagiri outREACH Kaval Project in District Prison, Kakkanad, Ernakulam at 12.00 noon. Considering the request from Mr. George Chacko, Welfare Officer, Rajagiri outREACH Kaval Staff had arranged 500 surgical masks for distribution to the Prison inmates with the help of NSS unit, Rajagiri College of Social Sciences, Kalamassery. The mobilized masks were handed over to the Welfare Officer in the presence of other police officers of District Prison, Kakkanad, Ernakulam by Mr. Sajo Joy (Kaval Coordinator) and Ms. Jinsha Babu K M (Kaval Case Worker).



6. Educational Fund Distribution to sponsored children (Kalamassery)

Name of the Programme	Educational Fund Distribution to sponsored children (Kalamassery)
Organised by	Rajagiri outREACH
Date of the programme	14th July 2021

Distribution of Educational Fund to Sponsorship Children on 14.07.2021 at Kalamassery by Rev. Fr. Shinto Joseph CMI MPhil, Assistant Director, RCSS, Mrs. Meena Kuruvilla, Project Director, and Mr. Albin Noble, Social Worker, Rajagiri outREACH.



7. WEBINAR-NASHA MUKTH BHARATH ABHIYAN

Name of the Programme	Educational Fund Distribution to sponsored children (Kalamassery)
Organised by	Rajagiri outREACH
Date of the programme	16th July 2021

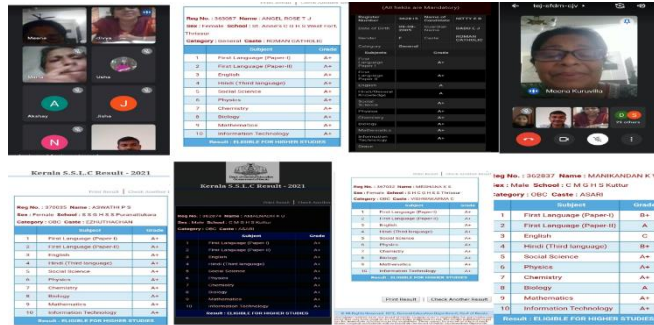
The NSS unit of Rajagiri College of Social Sciences in collaboration with the Social Justice Department, Ernakulam organized a webinar on Nasha Mukth Bharath Abhiyan program on 16.07.2021 from 2:30 pm to 4:30 pm via Zoom platform. Around 105 members participated in this program including both teachers and NSS volunteers. Dr. Giji George formulated the welcome address followed by the presidential address by Dr. Binoy Joseph, Principal, Rajagiri College of Social Sciences, Dr. Preethy Wilson (Assistant Director, Directorate of Social Justice Department) one of the alumni of Rajagiri College was the key note speaker and her presence made this event a valuable one. Mr. Jijo MP (Master volunteer NMBA and NNM Block coordinator) was the resource person who successfully made the webinar a colourful session. Mr. Jijo started the session with a story and he made the session interactive by asking the participants to share an experience they encountered anything related to drugs. The entire webinar focused on describing what is a drug to how can we all productively contribute towards building a drug-free society. The session highlighted the importance of sharing the facts on drugs and in turn save the lives of the future generation. Overall, the session successfully achieved the objective to make aware the direct ill-effects of the drug on the lives, and the resource person conveyed all the topics in a catchy and clear-cut way. Participation certificates were issued to all the participants.



8. Honoring Top Scoring SSLC Sponsorship students

Name of the Programme	Honoring Top Scoring SSLC Sponsorship students
Organised by	Rajagiri outREACH
Date of the programme	17th July 2021

Rajagiri outREACH, had felicitated an online programme on 17.07.2021 from 6.00 p.m. to 6.30 p.m., for appreciating the efforts of Sponsorship students, in-coordination with Double Horse (Manjilas). Gouri Nanda, a student from the Sponsorship program had recited the prayer. Ms. Divya P.G welcomed all dignitaries present in the program.



Mr. Akhil K.M, Company Secretary of Double Horse, felicitated the students by sharing his experiences and funny incidents during his school life. He congratulated the eight students for scoring high marks in 10th standard. Mrs. Meena Kuruvilla, Project Director, encouraged the children to pursue higher studies. Mrs. Maria Tency, Senior Donor Officer of Rajagiri outREACH, had also shared her views about academics.

9. Mughamugham - Drug Free Ernakulam

Name of the Programme	Mughamugham - Drug Free Ernakulam
Organised by	Rajagiri outREACH
Date of the programme	22nd July 2021

CHILDLINE Kochi in collaboration with Social Justice department Ernakulam has conducted an interactive session among the Child protection departments and De-addiction centers. The Officials from DCPU, Kaval Project, ODIC (Outreach drop in centre), De-addiction centres, Excise Department, CHILDLINE, Sagi Resource Centre, MSWDS Students were part of the discussion. Sri. Subair K K(District Officer Social Justice Department Ernakulam) has the moderator of the whole session. Sri. Babu VARGHESE (Assi.Excise Commissioner Ernakulam) have given the key note address. The officials from different departments have shared their experience and pointed the ways which could help to prevent drug abuse from the district. Sensitization, Awareness, Reporting and Referral setting have been constructed as the pillars through which drug abuse can eradicate from the society. Towards the end of the discussion all the departments have ensured their continuous support in order to wipeout drug abuse from the society.



10. Training for ASHA Workers on Drug abuse and prevention – July 24

Name of the Programme	Training for ASHA Workers on Drug abuse and prevention
Organised by	CHILDLINE Kochi
Date of the programme	24th July 2021

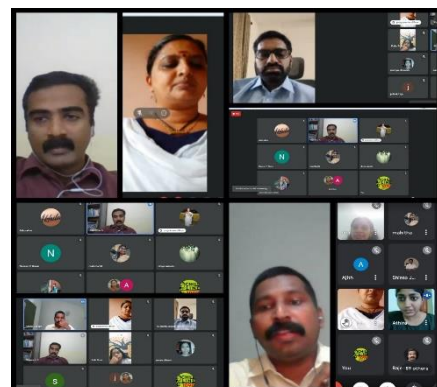
CHILDLINE Kochi incorporation with Social Justice Department Ernakulam and NHM Ernakulam have conducted training for urban ASHA Workers of Ernakulam district on 24 July 2021 at 7 PM. The session was handled by Ms. Afra shajahan (Master volunteer, Nasha Mukta Bharat Abhiyan & Counselor, Nirmal Nikethan Mukthisadan IRCA, Ernakulam) on Drug Abuse and related issues as well as she has explained the prevention methods through which ASHA workers can be more productive to eradicate drug abuse from the district. Besides she has pointed out the De addiction centers in Ernakulam. Dr. Mathews Nambelli (District Programme Manager NHM Ernakulam), Dr. Soumya Raj T J (Nodal officer - DMHP), Mrs. soumya (Urban health Co-ordinator), Mr. Arun Thankachan (District Coordinator CHILDLINE Kochi), Mrs. Sajana C Narayanan (Coordinator ASHA Workers Ernakulam) were the part of the training programme and extended their thoughts on the programme. 178 participants have actively attended the programme.



11. Training for School Counselors – August 08

Name of the Programme	Training for School Counselors
Organised by	CHILDLINE Kochi
Date of the programme	08th August 2021

School counsellors online training on the “Screen Addiction: School Based Assessment and Intervention” was conducted at 3:30 pm via google meet platform 76 participants have attended the training on 08 August 2021. The meeting was conducted by child line Kochi in collaboration with ICDS programme office and district child protection unit Ernakulam. The meeting began with the introduction by Smt Sini K.S (District Child Protection Officer Ernakulam), followed by Shri. Manoj Joseph (State Programme Head, Childline India Foundation), Smt Maya Lakshmy (District Programme Officer ICDS, Ernakulam), Fr Shinto Joseph CMI (Director Childline Kochi) and Shri. Arun Thankachan (District Coordinator CHILDLINE Kochi) have given inputs about the session. The resource person for the webinar was Dr Rajeev S.P (Assistant Professor, RCSS). He explained that motivational interviewing and Solution focused



approaches are widely used as the therapies for screen addiction and also said that developing the support systems along with continued counselling can be added to it. More over use of indoor games in families which involve both children and parents, can help in the boosting of recreation. The training enriched the participants with different methods and ideas to overcome screen addiction.

12. VICIO

Name of the Programme	VICIO
Organised by	ROTRACT
Date of the programme	13th August 2021

On the 13th of August, VICIO, a webinar on game addiction was conducted by the ROTRACT club of Rajagiri College of Social Sciences to spread awareness on the topic. A game is an opportunity to focus our energy, with relentless optimism, at something we're good at (or getting better at) and enjoy. In other words, game play is the direct emotional opposite of depression". Ms. Devipriya R Dhahran and alumni of Rajagiri College of Social Sciences who is currently a Master Volunteer at Nasha Mukth Bharat Abhiyan was the speaker. The speaker talked about the transition of video games and other gadgets from an innocent object used for fun to a very addictive mess. The session was very interactive and fun but at the same time filled with information. She also narrated a few of her experiences with children who were addicted to video games and their families.



13. COVID-19 Kit Distribution

Name of the Programme	COVID-19 Kit Distribution
Organised by	ROTRACT
Date of the programme	17th August 2021

Few members of the Rotaract Club at Rajagiri College of Social Sciences volunteered in distributing of COVID-19 Kits. It is very important to protect ourselves and prevent transmission of COVID-19 but these kits even though they are available are not affordable for many. Hence the kits were distributed to people who are below the poverty line. It consisted of medicines, masks, PPE kits and even a pulse Oximeter. Even when the number of positive cases in Cochin is high and increasing day by day, the Rotractors at Rajagiri College volunteered gladly. The distribution was in association with Youth Red Cross, Don Bosco Sneha Bhavan and Cochin Corporation.



14. Educational Fund Distribution to sponsored children c/o Transcend

Name of the Programme	Educational Fund Distribution to sponsored children c/o Transcend
Organised by	TRANSCEND
Date of the programme	18th August 2021

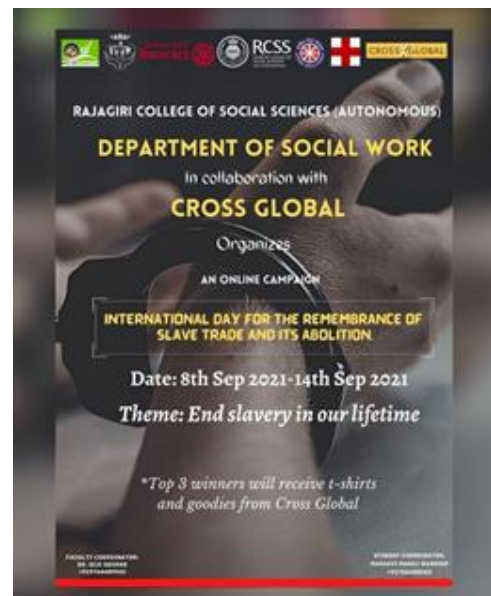
Distribution of Educational Fund to the sponsored children c/o Transcend was distributed on 18th August 2021 for the academic year 2021-22 at Chavara Hall Kakkanad Campus by Ms Ligi, Development Officer Rajagiri out REACH. The children were provided with an amount of Rs.1000/- each. There were 53 children who had benefitted from the sponsorship scheme, residing at Kannankeri colony, Chittethukara, Kakkanad.



15. END SLAVARY CAMPAIGN

Name of the Programme	END SLAVARY CAMPAIGN
Organised by	TRANSCEND
Date of the programme	14th September 2021

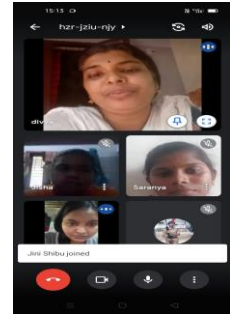
The Youth Red Cross Unit of Rajagiri College of Social Sciences (Autonomous), Kalamassery, along with other student clubs of the Department of Social Work conducted an inter-college online campaign to observe International Day for the remembrance of the slave trade and its abolition, in collaboration with the NGO, Cross Global. The campaign was scheduled from 8th September 2021 to 14th September 2021. The theme of this campaign was 'End Slavery In Our Lifetime'. All the UG students were eligible to participate in this campaign all they have to do is mark the 'X' symbol on their hand. All the posts were entered on the Instagram page. The participants need to try and get the maximum number of likes for their post and then will be eligible for winning goodies by the Cross Global team which includes T-Shirts and other gifts. A huge amount of entries were received from various departments, all giving their active participation in the campaign. The campaign was a grand success because of the efforts of students.



16. Spoken English class for Sponsorship Students at Kottekad on 18.09.2021

Name of the Programme	Spoken English class for Sponsorship Students at Kottekad
Organised by	Rajagiri outREACH
Date of the programme	18th September 2021

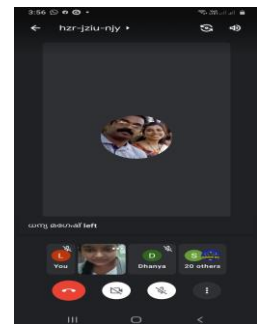
Rajagiri outREACH had conducted Spoken English Class for the Sponsorship Children of Kottekad, with the support of Manjilas Food Tech. Pvt. Ltd., on 18.09.2021 through Google Meet, from 3.30 p.m. to 4.30 p.m. Mrs. Divya Rajesh, Social Worker, Rajagiri outREACH and internship students conducted the class. 30 children had attended the class.



17. Spoken English class for Sponsorship Students at Nenmara

Name of the Programme	Spoken English class for Sponsorship Students at Nenmara
Organised by	Rajagiri outREACH
Date of the programme	19th September 2021

Rajagiri outREACH had conducted Spoken English Class for the Sponsorship Children of Nenmara, with the support of Manjilas Food Tech. Pvt. Ltd., on 19.09.2021 through Google Meet, from 2.30 p.m. to 3.30 p.m. Mrs. Divya Rajesh, Social Worker, Rajagiri outREACH and internship students had conducted the class. 23 children had attended the class



18. Kinder for Kinder – A Project of KELI Switzerland - Child Education Sponsorship programme at Edavanakkad

Name of the Programme	Kinder for Kinder – A Project of KELI Switzerland - Child Education Sponsorship programme at Edavanakkad
Organised by	Rajagiri outREACH
Date of the programme	23rd September 2021

Rajagiri outREACH, Rajagiri College of Social Sciences (Autonomous), Kalamassery, had organised the Educational distribution programme for children of Edavanakkad panchayat who are supported by Kinder-for-Kinder - KELI, Switzerland Child sponsorship Education programme. It was conducted on 23rd September, 2021, at Edavanakkad Government UP School at 2 pm. The welcome speech was delivered by

Mrs. Linda Chacko, Development Promoter, Rajagiri outREACH. The presidential address was delivered by Mrs. Meena Kuruvilla, Project Director, Rajagiri outREACH. Mrs. Assena Abdul Salam, Edavanakkad Grama Panchayat President, had inaugurated the ceremony. The felicitations were delivered by Mrs. Dinna, Edavanakkad Panchayat Health Education Standing Committee Chairperson and Mr. Ranjith K.U., Senior Development Officer, Rajagiri outREACH. Finally, the vote of thanks was delivered by Mrs. Maria Tency, Donor Service Officer, Rajagiri outREACH. After the ceremony, the 54 cheques were distributed by the dignitaries among the students under the sponsorship. After the distribution of the cheques, a photo session was held including the sponsored students, their parents and the dignitaries of the day. The programme had concluded by 4 pm.



19. Distribution of 2 Laptops to Needy Students for their online studies with the support of Fragomen

Name of the Programme	Distribution of 2 Laptops to Needy Students for their online studies with the support of Fragomen on 28.09.2021
Organised by	Rajagiri outREACH
Date of the programme	28th September 2021

Rajagiri outREACH in association with Fragomen had organized Educational Support to 2 needy families by distributing 2 laptops to their children for their online studies on 28.09.2021. Ms. Nisha Mohan, Immigration Consultant and Ms. Reshma Jayas of Fragomen had handed over the laptops to Mr. Ghanashyam K.R. & Miss Andreena P. Benny. Mrs. Meena Kuruvilla, Project Director, had given the welcome speech and Mr. Ranjith K.U. had concluded the programme with the vote of thanks.



20. Kinder for Kinder Child Education Fund Distribution Sponsorship Programme at Karukunnu Cenacle

Name of the Programme	Kinder for Kinder – A Project of KELI Switzerland - Child Education Sponsorship programme at Karukunnu
Organised by	Rajagiri outREACH
Date of the programme	29th September 2021

Rajagiri outREACH, had organised the Educational Fund distribution programme for children of Karukunnu Cenacle, who are supported by Kinder for Kinder - KELI, Switzerland Child sponsorship education programme. The programme was conducted on 29th September, 2021, at Karukunnu Cenacle SABS at 3.00 pm. Sr. Thresa CMC Karukunnu Cenacle SABS, had inaugurated the ceremony.



21. Kinder for Kinder Child Education Sponsorship Programme at Edavanakkad 30th September 2021

Name of the Programme	Kinder for Kinder – A Project of KELI Switzerland - Child Education Sponsorship programme at Karukunnu
Organised by	Rajagiri outREACH
Date of the programme	30th September 2021

Kinder for Kinder Child Education Sponsorship Programme was held at G.U.P.S., Edavanakkad on 30th September 2021. Shri. Alby A.J., Edavanakkad Ward Member had inaugurated the programme. The felicitation was delivered by Mrs. Susheela, Headmistress, Govt. UPS Edavanakkad.



22. Distribution of Smart Phone by Rajagiri outREACH with the support of National Service Scheme (NSS) unit of Rajagiri College of Social Sciences (Autonomous) Kalamassery

Name of the Programme	Distribution of Smart Phone by Rajagiri outREACH with the support of National Service Scheme (NSS) unit of Rajagiri College of Social Sciences (Autonomous) Kalamassery
Organised by	Rajagiri outREACH
Date of the programme	30th September 2021

Rajagiri outREACH with the support of NSS Unit of RCSS, had distributed 6 Smart Phones to the needy children for educational support during August 2021. Masks, sanitizers, hand wash, notebooks, gloves, etc., were also distributed on 30.09.2021.

- Distribution of 2 Smart Phones to the needy students at Kalamassery on 08.07.2021

The NSS Unit of Rajagiri College of Social Sciences had handed over 2 smart phones to Rajagiri outREACH for distribution to the needy students Fr. Shinto Joseph CMI MPhil,

Asst. Director, Rajagiri College of Social Sciences, Dr. Gigi George, Sri. Vineeth NSS Programme Officers had handed over the smart phones in the presence of NSS volunteers on 08.07.2021 to Mr. Ranjith K.U., Rajagiri outREACH.



- Smart Phone distributed to a Needy Student at Nochima on 04.08.2021

- Smart Phone to a Needy Student at Nadathara, Thrissur on 03.08.2021

- Mobile distribution at Edavanakkad on July 13th 2021

Devi Krishna Sajeev is a sponsored child of Rajagiri outREACH sponsorship scheme at Edavanakkad Murippadam unit and she received a smart phone sponsored by NSS unit Rajagiri College of Social Sciences Kalamassery. The Mobile phone was distributed to Devi Krishna by Mr. Sabu P.B, Ward Member of Edavanakkad Panchayat on 13.07.2021.



23. Training Programme on Laws related to Children and POCSO Act & Problems of Child Sexual Abuse

Name of the Programme	Training Programme on Laws related to Children and POCSO Act & Problems of Child Sexual Abuse
Organised by	Rajagiri outREACH
Date of the programme	05th October 2021

Rajagiri outREACH had organized a training programme on laws related to Children and POCSO Act and problems of child sexual abuse, at the Board Room of Rajagiri College of Social Sciences (Autonomous), Kalamassery, on 05.10.2021. Introductory session was led by Rev. Dr. Fr. Saju M.D. CMI, Associate Director and Vice Principal of Rajagiri College of Social Sciences (Autonomous), Kalamassery, followed by sessions led by Rev. Fr. Shinto Joseph CMI MPhil, Assistant Director, RCSS and Mrs. Meena Kuruvilla, Project Director, Project Director, Rajagiri outREACH. Participants from Kaval – Ernakulam and Thrissur, Kaval Plus – Ernakulam, Childline – Kalamassery, Childline Support Office – Malappuram, Rajagiri outREACH Social Worker, etc., had an interactive session during the training programme.



24. Webinar on Suicide Prevention

Name of the Programme	Webinar on Suicide Prevention
Organised by	Rajagiri outREACH
Date of the programme	11th October 2021

The Psychology Department of Rajagiri College of Social Sciences, Kalamassery conducted a webinar on “Suicide Prevention” as an observation of Suicide prevention & World Mental Health Days. The aim of the webinar was to create awareness among students about the causative factors behind suicide, as well as measures to prevent it by identifying and helping individuals with suicidal ideation at the earliest. The guest speaker for the day was Mrs. Divya Thomas, clinical psychologist at Rajagiri Hospital, Aluva. She spoke about the common myths and misconceptions, related to suicide, prevalent in society. She also mentioned, upon the concept of suicidal ideation and explained how to identify a person struggling with such thoughts. Finally, she indicated the process of Psychological First Aid and discussed the ways to help people with suicidal tendencies. Students raised many pertinent questions regarding the topic at hand and there was further discussion upon the same. Mrs. Divya Thomas explained how to approach the family members of a person with suicidal thoughts and how to equip the family, to support them. Role of the psychologists in such situations were well explained.



25. Educational Material Distribution

Name of the Programme	Educational Material Distribution
Organised by	Rajagiri outREACH
Date of the programme	28th October 2021

The distribution was organized by Ms. Kesiyamol Mathew, Social Worker, Rajagiri outREACH. The materials distributed were school bags and notebooks. The educational kit was distributed to the children by Ms. Elizabeth Penelope Lobo, Senior Coordinator Administration and Ms. Linda Chacko, Development Promoter, Rajagiri outREACH, Kalamassery. As part of the Child Education Sponsorship Programme, Kalamassery, the distribution of Educational Materials to three of the sponsored children was given on 28th October 2021 at Rajagiri outREACH Office, Kalamassery. The sponsors for these children are TDH Denmark and Rajagiri Public School.



26. Distribution of Higher Education Scholarship to Students and Scholarship to Students of COVID-19 Affected Families on 06.11.2021 at Rajagiri College of Social Sciences Campus

Name of the Programme	Distribution of Higher Education Scholarship to Students and Scholarship to Students of COVID-19 Affected Families on 06.11.2021 at Rajagiri College of Social Sciences Campus
Organised by	Rajagiri outREACH
Date of the programme	06th November 2021

Rajagiri outREACH had organized the Kinder for Kinder Higher Education Scholarship Distribution to 38 Students and 21 Students from COVID-19 affected families on 06.11.2021. Opening prayer song was by 2 Scholarship students. Mr. Ranjith K.U., Coordinator - Higher Education, Rajagiri outREACH had welcomed all the dignitaries and attendees and gave a brief, introductory speech was conveyed by Mrs. Meena Kuruvilla, Project Director, Rajagiri outREACH. Dr. Binoy Joseph, CEO of Rajagiri outREACH and Principal of RCSS, had given the Presidential Address. The Chief Guest for the programme was Mr. Harold Nicholson, President, Korambadam Service Cooperative Bank Ltd., & Senior Manager, FACT, who had conveyed the Inaugural Address. Rev. Fr. Shinto Joseph CMI MPhil, Live Lab Coordinator, Rajagiri outREACH and Assistant Director, RCSS, had felicitated. The students and Parents had conveyed their appreciation and shared their experiences during the COVID pandemic. Mrs. Maria Tency, Senior Donor Officer, Rajagiri outREACH, had conveyed the Vote of thanks. Refreshments were served to all the participants. The programme was conducted from 9.00 a.m. to 12.30 p.m. Students, Parents and Rajagiri outREACH Staff had participated in the Scholarship Distribution. All of them appreciated Kinder for Kinder, Switzerland, for their valuable support in Child Education Sponsorship and Higher Education Scholarship to Students.



27. Online Personality Development Programme

Name of the Programme	Online Personality Development Programme
Organised by	Rajagiri outREACH
Date of the programme	14th November 2021

Rajagiri outREACH conducted an Online session on Personality Development for the children registered under sponsorship program of Edavanakkad locality on 14.11.2021 from 3.15 p.m. to 4.45 p.m. The children were engaged in performing their talents. A total of 72 Sponsorship Children from Edavanakkad, Chunangamvely, Karukunnu & Viswajyothi attended the session and Mrs. Linda Chacko welcomed the



children. Mr. Soorya Mahadev, student of Kripanidhi Degree College, Bangalore, was the Resource Person. Mr. Surya presented the personality session as an interactive session and the internship students Sooraj PR and Vini Maria Vincent assisted him throughout the session to make it more engaging and interactive. The session got over at 4:30 PM and the children were made to express their experiences and reflections.

28. SURAKSHA- Training on Disaster Management

Name of the Programme	SURAKSHA- Training on Disaster Management
Organised by	Rajagiri outREACH
Date of the programme	16th November 2021

As part of Childline Se Dosti week, on 16th November 2021, Childline Malappuram in association with Fire and Safety Department, had conducted safety awareness programme for the students, a total of seven programmes were held at different places of the district. The safety programmes were conducted at Tirur, Tanur and Ponnani . A total of 100 children participated in these 3 Fire stations' programmes. Suraksha Migrant Project – Prevention of HIV among Migrant Labourers in Ernakulam District (Perumbavoor & Kalamassery) Supported by Kerala State AIDS Control Society, Government of Kerala Rajagiri



outREACH is the implementing agency for Suraksha projects functioning at Ernakulam and Perumbavoor sanctioned by Kerala State AIDS Control Society (KSACS), Government of Kerala and has been working for migrant labourers since September 2008. Along with HIV/AIDS prevention programme, health camps, health education, high risk group identification, STI screening, counseling, ICTC, mega-events, exhibitions, film shows, World AIDS Day observation, COVID-19 Relief Activities, etc. were conducted to prevent problems in health, sanitation, livelihood and hygiene. The main objective of this project is to reduce HIV/AIDS prevalence in Kerala targeting migrants who are residing in Ernakulam District. The project has reached out to 19933 migrants through contacts in the STI clinics and group meetings in labour camps during the period.

29. Save Childhood - Jangar Visibility Ride November 19

Name of the Programme	SURAKSHA- Training on Disaster Management
Organised by	CHILDLINE
Date of the programme	19th November 2021

CHILDLINE Kochi has conducted Save Childhood visibility campaign at vypin , Ernakulam. Vypin to Fortkochi ro ro service jangar. The jungar is decorated and giant logo is fixed on

the jangar by the team. The journey was flag offed by Hon. K T Nissar Ahammed(KELSA Judge).By the time the team distributed awareness materials and insisted the public to be proactive to secure children’s life.



30. Wheels for Rights Cycle Rally

Name of the Programme	SURAKSHA- Training on Disaster Management
Organised by	CHILDLINE
Date of the programme	20th November 2021

CHILDLINE Kochi in association with KMRL,Labour Department,DCPU,CUMI ,RCSS have conducted cycle rally named "Wheels for Rights - To save child rights" The event was inaugurated and flag offed by Aishwarya Dongre (Dy commissioner of Police, Kochi City).100 cycles were rode by the participants from JLN Stadium to Palarivattam and Return. RCSS students made extravaganza theme based performance during the event. It could spread awareness among 800 adults and 150 children.



31. Inspire’21 - One Day Career Guidance Camp for Sponsorship Children, Edavanakkad

Name of the Programme	Inspire’21 - One Day Career Guidance Camp for Sponsorship Children, Edavanakkad
Organised by	Rajagiri outREACH
Date of the programme	11th December 2021

Rajagiri outREACH, Rajagiri College of Social Sciences, Kalamassery, had organized a one-day Career Guidance Camp ‘Inspire 21’ for the students of Edavanakkad Grama Panchayat who are supported by Terre De Hommes, Denmark and Kinder for Kinder-Keli Switzerland. It was conducted from 10.30 a.m. to 3.30 p.m. on 11th December 2021 at Government UP School, Edavanakkad. 57 sponsorship children of Standard 10th, 11th, 12th and first year degree, had attended the camp. The inaugural ceremony started with a prayer song at 10:00 AM by three children among the sponsorship children. The welcome address was conveyed by Ms. Linda Chacko, Development Promoter, Rajagiri outREACH. The presidential address was conveyed by Mr. V. K. Iqbal, Edavanakkad Panchayat Vice President. The Career Guidance Camp ‘Inspire 21’ was inaugurated by Mr. Abdul Majeed, Malayalam Cine actor. His inaugural address was really motivating for the

children. Felicitation was conveyed by Ms. Maria Tency, Senior Donor Service Officer of Rajagiri outREACH. Vote of thanks was given by Mr. Abhijith Prem Mohan, an intern at Rajagiri outREACH.

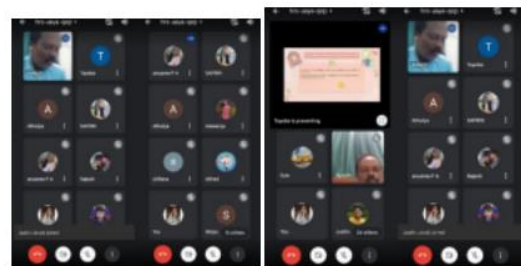
The first session on “Career Guidance” was led by Mr. Joseph James, Assistant Professor of Naipunnya Institute of Management and Information Technology. The session focused on developing an interest in goal setting in children and how to choose a career of their interest. The next session was about ‘Substance Abuse and its Prevention’. It was handled by Mr. Ratheesh Kumar, Preventive Officer, Njarackal Excise Office. He was assisted by Civil Police Officers Mr. Siyadh A, Mr. Sreeraj T S and Mr. Gokul Krishna. After the session the interns of Rajagiri outREACH engaged the children with games and cultural programmes.



32. Programmes for Children and Education

Name of the Programme	Programmes for Children and Education
Organised by	Rajagiri outREACH
Date of the programme	18th December 2021

Online sessions were conducted by Rajagiri outREACH Staff for the Sponsorship Children at all the Centres with the support of MSW/BSW internship students, International Students of RCSS, students from KE College, BCM College, Indira Gandhi National Tribal University, Sri Krishna Arts and Science College (SKASC), etc.



Observation of Important Days and Christmas and New Year celebrations were conducted throughout the centres for the sponsorship children. House visits were also conducted for preparation of case history of new applicants under the Child Education Sponsorship Programme. Christmas celebration was conducted at Rajagiri Valley campus on 18th December 2021, for the sponsored children under Transcend sponsorship. Fifty students had participated in the programme. Rev. Fr. Francis Sebastian, Assistant Director, Rajagiri Valley campus had conveyed the Christmas message. Mr Manoj Mathew, Co-ordinator, Transcend, had felicitated the gathering. Ms Ligi, Development Officer, had co-ordinated the programme. Various games were conducted for these students by Student volunteers of Transcend and MSW students from Rajagiri College of Social Sciences. Sweet boxes were distributed to all the students.

33. An Awareness Programme on the topic “ POCSO Act “ Conducted in Association with Rajagiri OUTREACH .

Name of the Programme	An Awareness Programme on the topic “ POCSO Act “ Conducted in Association with Rajagiri OUTREACH
Organised by	Rajagiri outREACH
Date of the programme	18th December 2021

Rajagiri Family Counselling Centre and Rajagiri Service Providing Center conducted an Awareness program for the sponsorship children in association with Rajagiri outreach. The awareness program conducted at Rotary Club, Vattakkunnam. The sessions were led by Adv Rushdha, Legal Counsellor and Elsa Elezabeth Jose, Family Counsellor. There were about 50 children and 20 parents for the awareness class. The sessions were basically on POCSO Act, mobile addiction etc. The resource persons also shared some of the tips which could be followed in their academic and daily life.



34. Training for Kudumbashree Resource Persons

Name of the Programme	Training for Kudumbashree Resource Persons
Organised by	CHILDLINE
Date of the programme	07th January 2022

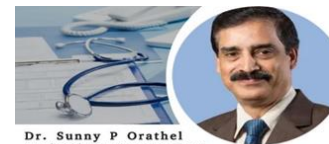
CHILDLINE Kochi in association with district kudumbashree mission Ernakulam have organized a half day training for the balasabha resource persons on 07 January 2022 at 2 PM at Pension Bhavan, Athani. The training has strengthened with the topic of mental health issues of children and services of the CHILDLINE. Mr. Anoop KM, Programme Mrs. Preethi MB Assi. District Mission Coordinator Kudumbashree mission Ernakulam and programme officer Mr. Anoop has given inputs to the session. Mr. Arun Thankachan, District Coordinator CHILDLINE Kochi has handled the session on “Mental health and early identification of problems among the children”. He pointed out the major issues of the children such as screen addiction, game addiction, cyber-crimes, sexual abuse and physical abuses and strengthen the participants to develop a keen observation and friendly behavior on children.



35. Awareness Programme on “TRAUMA AND EMERGENCY CARE”

Name of the Programme	Awareness Programme on “TRAUMA AND EMERGENCY CARE”
Organised by	RCSS and RSWA
Date of the programme	09th February 2022

For equipping the staff members in appropriately dealing with emergency and trauma situations, an awareness programme was conducted on “Trauma and Emergency care” on 09th February 2022, on an online platform from 02.00pm to 03.00 pm by the IQAC, in collaboration with the Rajagiri Staff Welfare Association (RSWA). About 129 staff members, including Teaching and Non-teaching staff of both the campuses attended the programme. Dr. Nycil Romis, Asst. Prof. and President, RSWA welcomed all the participants and gave a small introduction on the importance of the knowledge of Trauma and emergency care in everyday life and its importance in emergency situations. Dr. Sunny P Orathel, the Medical Superintendent and Consultant in the Preventive Health Checks, Rajagiri Hospital was the key speaker of the session. He discussed about five situations of emergency care including falls, fracture, epilepsy, accidents and stroke in detail. . Dr. Fr. Saju M D Asso. Director and IQAC Coordinator also addressed the meeting and noted the relevance of Trauma and Emergency care in an educational institution. He also noted the importance of mental trauma and expressed his interest for an awareness programme on the same. Dr. Bindiya M. Varghese, additional IQAC Coordinator proposed the vote of thanks.



Dr. Sunny P Orathel
 Medical Superintendent
 Rajagiri Hospital

Awareness Programme on
**TRAUMA AND EMERGENCY
 CARE**
 An Initiative of IQAC and RSWA

Date: 9th February 2022
 Time: 2.00 - 3.00 PM

Platform: zoom

Participants: Teaching and Non-teaching staff of RCSS and RBS



36. Career Guidance Camp for the Sponsorship Children of Manjilas - Double Horse conducted on 19.02.2022 at Pastoral Centre, Thrissur

Name of the Programme	Career Guidance Camp for the Sponsorship Children of Manjilas - Double Horse conducted on 19.02.2022 at Pastoral Centre, Thrissur
Organised by	RAJAGIRI outREACH.
Date of the programme	19th February 2022

Career Guidance Camp for the Sponsorship Children under the support of Manjilas Food Tech (Double Horse), was conducted on 19th February 2022 at Pastoral Center, Keerankulagara, Thrissur. The programme started at 10:30 am. Children and their parents had participated in the programme. The programme was inaugurated by Mr. Jithin Shelly, CPLI Project Coordinator of RAJAGIRIoutREACH.



He had conducted the session on “Career Guidance”. After lunch the next session was conducted by Mr. Akhil K.M., Company Secretary of Double Horse. He gave a motivation class to the students on the topic “Career”. Total 30 students and four committee members had participated. The programme concluded at 3:30 pm.

37. Training for the Kochi City Police

Name of the Programme	Career Guidance Camp for the Sponsorship Children of Manjilas - Double Horse conducted on 19.02.2022 at Pastoral Centre, Thrissur
Organised by	CHILDLINE Kochi
Date of the programme	21st February 2022

CHILDLINE Kochi has conducted a training for polices officials from Kochi city on CHILDLINE Mechanism and Screen addiction on 21 February 2022 at Air Force Camp Marine Drive on Screen Addiction – Child Based assessment and intervention at 3 PM. Mr. Arun Thankachan, District Coordinator CHILDLINE Kochi has taken a session on Screen addiction. The session



was started with an ice breaking activity which could make the participants more comfortable in the session. In his session he elaborated that addiction scale through which we can measure the children by pointing out that Use, Abuse, Addiction with relevant examples. Additionally, he has explained that the screen related crimes in Kerala.

38. Anti-Child Labour and Child Beggary Campaign at Aluva Manapuram

Name of the Programme	Anti-Child Labour and Child Beggary Campaign at Aluva Manapuram
Organised by	CHILDLINE Kochi
Date of the programme	01st March 2022

Child labour remain a persistent problem in the world today and it affects the children both mentally and physically and it also destroys the future of children. On 01-03-2022, a drive by a joint task force comprising multiple agencies is set to get under way in Ernakulam district for identifying and rescuing children from the occasion of Aluva Manappuram Shivaratri festival from 4 PM to 9 PM. Also the team has conducted the joint campaign at the occasion.



39. Programme for the Sponsored Children c/o Transcend

Name of the Programme	Programme for the Sponsored Children c/o Transcend
Organised by	Transcend
Date of the programme	03rd April 2022

On 3rd April 2022, a get-together of the sponsorship children under Transcend sponsorship was organized. The programme named as "Lanterns", was arranged by student volunteers of Transcend and coordinated by Mrs. Ligi, Development Officer, Rajagiri outREACH. The programme was inaugurated by Rev Fr Francis Sebastian Manavalan CMI, Assistant Director, Rajagiri Valley, Rajagiri College of Social Sciences. Mr. Manoj Mathew, Transcend Programme Coordinator, was also present. Ice-breaker sessions were organized to bring the students to a zone of comfort, followed by games and prizes were distributed to the winners. Transcend Student Coordinator Ms. Soumya facilitated all the activities, with support from other volunteers. At the end of the programme the sweet box was distributed to all students.



40. AWARENESS PROGRAMME FOR CHILDREN

Name of the Programme	AWARENESS PROGRAMME FOR CHILDREN
Organised by	CHILDLINE
Date of the programme	29th May 2022

On 29th May 2022 Childline Malappuram Support conducted an awareness programme for SPC students at G.H.S.S. Marancheri. Mrs. Soumya K., ADI (Perumpadappu police station) delivered the welcome speech. Mr. Muvafaq Muhammed Ali, Childline Malappuram Support Volunteer took a session about 'Child rights, Child responsibilities & Childline Services'. Mrs. Ajitha, Deputy HM (G.H.S.S. Marancheri) concluded the session by delivering the vote of thanks. A total of 44 children participated in the programme.



41. Geojit Child Sponsorship Programme at Pothanikkad

Name of the Programme	Geojit Child Sponsorship Programme at Pothanikkad
Organised by	Rajagiri outREACH.
Date of the programme	02nd July 2022

Study Material Distribution at Pothanikkad on 2nd July 2022

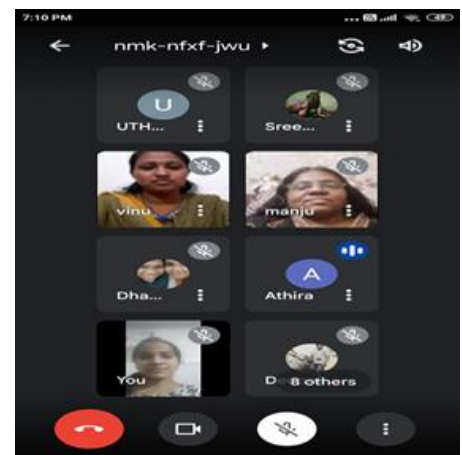
Study material distribution had been held at Pothanikkad Panchayat Hall on 02.07.2022. Grama panchayath Vice President Shri Saji Varghese inaugurated the programme. All the 115 children had been provided 10 each College note book and Umbrella. The newly selected 25 children were provided with school bags and note books. Shri. Deepak John, Geojit Assistant Manager, and Ward Members attended the programme. The programme was organized by Mr. George V.A., Senior Coordinator, Rajagiri outREACH.



42. Anti-Drug Awareness Programme

Name of the Programme	Anti-Drug Awareness Programme
Organised by	CHILDLINE
Date of the programme	02nd July 2022

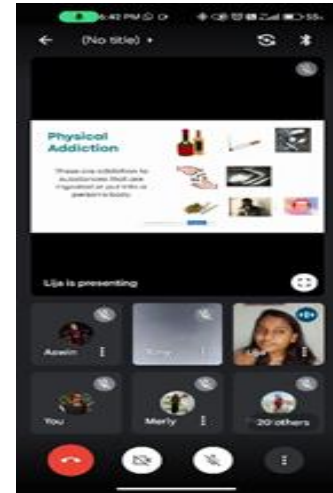
On 2nd July 2022 as a part of Anti- drug day conducted an awareness programme. The programme was conducted in online platform. The programme was started by the welcome speech done by Ms. Athira KP, Coordinator Kaval Project. District Child Protection Officer Smt. Manju PG inaugurated the session. Miss Uthara C, Legal Cum Probation Officer done felicitation speech. Smt. Vinu Lijo, Consultant Psychologist led the session. 20 children were participated the session. The session was very informative and helpful for the children and was extent up to one hour. Mrs. Ayana Krishna, Case Worker gives vote of thanks for the session.



43. Anti-drugs awareness class

Name of the Programme	Anti-Drug Awareness Class
Organised by	CHILDLINE
Date of the programme	03rd July 2022

Every year, the International Day against Drug Abuse and Illicit Trafficking is observed on June 26. The main aim of this day is to spread awareness about the physical and psychological impact of substance abuse, drug overdose deaths, and drugs-related problems across the globe. “Addressing drug challenges in health and humanitarian crisis” is the theme for 2022's observation of the International Day against Drug Abuse and Illicit Trafficking. Kaval Programme Rajagiri outREACH, Bluepoint org. and DCPU Ernakulum had arranged an online session for the Kaval children as part of the observation of International Day Against Drug Abuse on 03/07/2022 through Google meet at 6.00 pm to 7.30 pm. Mr. Jaison Varghese, Programme Coordinator of Kaval Rajagiri outREACH welcomed the participants. Presidential address was conveyed by Mrs. Sini K S District Child Protection Officer Ernakulam. The session was inaugurated by Mr. Ullas Madhu, Juvenile Justice Board Member Ernakulam. The session was led by Ms. Ligi Mary Mathew, Outreach worker, ODIC Project. Mrs. Jincy Mol (JJB Member) and Mr. Kiran V Kumar (LCPO) delivered the felicitation. There were almost 25 participants for the programme. Kaval Bluepoint Case Worker Mrs. Jain John conveyed vote of thanks for the programme and the children shared their feedback at the end. During the session a short film and a cartoon were shown to the children. The children and internship students actively attended the session and asked their doubts during the session.



44. Adolescent Education Class at Nenmara

Name of the Programme	Anti-Drug Awareness Class
Organised by	CHILDLINE
Date of the programme	22nd July 2022

An adolescence education class was conducted at Erimayoor Panchayat in Nenmara on 22nd of July, 2022. Officials from CHC (Community Health Centre), Pazhambalacode interacted with the students regarding adolescence. JHI Sugathan and JPHN Panjajam, officials from FHC (Family Health Centre) Kunissery educated the children by sharing their life experiences with them.



Adolescent Health Counsellor, Bibi T.K., shared the events she had witnessed throughout her career to make the students better understand the importance of adolescent education. 34 students took part in the event. The programme was coordinated by Mrs. Divya P.G., Social Worker, Rajagiri outREACH. The children were provided refreshments. The programme that began by 11 a.m. ended by 1 p.m.

45. A session on Mental Health to the Sponsorship Children supported by Transcend

Name of the Programme	A session on Mental Health to the Sponsorship Children supported by Transcend
Organised by	TRANSCEND
Date of the programme	23rd July 2022

A session on Mental Health was taken by the internship students from Department of Psychology, Rajagiri College of Social Sciences (Autonomous), Kalamassery on 23rd July 2022. The topics covered during the class were:

- About Mental Health
- Exam Anxiety
- Causes of exam anxiety
- Exam depression
- Memory tips
- Relaxation tips



During the class some fun activities like, creating stories with given words and some whisper challenge games were given to the children. The students were really attentive and responsive during the class.

46. Community Training Program on Drug Prevention and Adolescent Psychology

Name of the Programme	Community Training Program on Drug Prevention and Adolescent Psychology
Organised by	Ministry of Social Justice and Empowerment, Government of India
Date of the programme	23rd July

a) Community-Based Peer-Led Intervention (CPLI), initiated by the National Institute of Social Defence, under Ministry of Social Justice and Empowerment, Government of India, had conducted a community training session at the ICDS Anganwadi Centre of Division 30 (ICDS Worker Mrs. Sindhu), Ramanattukara Municipality, Kozhikode on 23rd July 2022 from 11.00 - 12.30 pm. The training was proposed for the community people, mainly targeting adolescents and parents. There were 19 participants including parents who had attended the training.

b) A community training session was conducted at the ICDS Anganwadi Centre of Ward 08 (ICDS Worker Mrs. Sheeja K), Olavanna Panchayath, Kozhikode on 23rd July 2022 from 02.45 - 04.30 pm. The training was proposed for the community people, mainly

targeting adolescents and parents. There were 26 participants including parents who had attended the training. The session began with a welcome speech by the Anganwadi teacher Mrs. Sheeja K. After that, the trainer cum counsellor Ms. Arsha Raj K. K., gave an orientation about the project and the services provided by the CPLI team. Then, the trainer cum counsellor handled the whole session on drug abuse prevention and adolescent psychology

c) Community training session was conducted at the ICDS Anganwadi centre of Ward 07 (ICDS Worker Mrs. Shani P) and Jyothi Club at Olavanna Panchayath, Kozhikode on 24th July 2022 from 11.00 am - 01.00 pm. The training was proposed for the community people, mainly targeting adolescents and parents. There were 52 participants including parents who had attended the training.

d) Community training session was conducted at the ICDS Anganwadi centre of Division 30 (ICDS Worker Mrs. Vilasini), Ramanattukara Municipality, Kozhikode on 06th August 2022 from 11.00 am - 12.15 pm. The training was proposed for the community people, mainly targeting adolescents and parents. There were 10 participants including parents who had attended the training.

e) A community training session was conducted at the ICDS Anganwadi Centre of Ward 15 (ICDS Worker Mrs. Prabhulakumari), Olavanna Panchayath, Kozhikode on 28th August 2022 from 02.00 - 03.30 pm. The training was proposed for the community people, mainly targeting adolescents and parents. There were 20 participants including parents who had attended the training.

f) A community training session was conducted at the ICDS Anganwadi centre of Ward 07 (ICDS Worker Mrs. Shani P), Olavanna Panchayath, Kozhikode on 06th August 2022 from 03.30 - 05.00 pm. The training was proposed for the community people, mainly targeting adolescents and parents. There were 35 participants including parents who had attended the training.



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