### Relentlessly towards Excellence



## RAJAGIRI HIGHLIGHTS

An IQAC Initiative

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### INSTITUTIONAL ACHIEVEMENTS

- Rajagiri College of Social Sciences (Autonomous) has been ranked 28th Best in the country in the National Institutional Ranking Framework (NIRF) 2020 rankings
   College Category.
- Rajagiri Business School has been ranked, Rank–Band:
  76-100 in Management College Category.
- Rajagiri College is ranked Seventh in the country and First in the State in India's Top Ranked Private Autonomous Colleges by the Education World India Higher Education Rankings 2020-21
- Rajagiri College of Social Sciences has been ranked 2<sup>nd</sup>
  Best Social Work College in India according to the India
  Today Ranking 2020

#### IQAC Welcomes the College Administrative Council members in their new Portfolios

- Dr. Fr. Saju M.D., CMI
- Fr. Francis Sebastian, CMI
- Fr. Shinto Joseph, CMI
- Fr. Rintle Mathew, CMI
- Fr. Reginold, CMI

- Associate Director & Vice Principal, RCSS
- Asst.Director, Valley Campus
- Asst. Director, Valley Campus
- Administrator, Hill Campus
- Administrator, Valley Campus

#### Dr. SUNIL PULIYAKOT

Director, Rajagiri Business School (RBS)

His experience of 15 years comprises of managerial positions in reputed organizations like GCMMF Ltd. (https://amul.com/ m/about-us), JM Financial Group (https://www.jmfl.com/ who-we-are/about-us) and ICICI Bank (https://www.icicibank.com/ aboutus/about-us.page?) before starting



his career as a teacher in the year 2006. Corporate experience includes exposure to areas like accounting and control, capital markets, sales and distribution of financial products and retail banking. His teaching and research interests in areas spanning the intersection of finance and economics are supported by valuable insights into the working of financial markets and intermediaries achieved through keen interest, practical experience and academic research.

### Rajagiri Community owes much to......

#### Dr. JOSEPH I INJODEY

Executive Director, RCSS and Director of RBS.

Dr. Joseph I Injodey parted ways with Rajagiri on 31<sup>st</sup>, March,2020 as he had completed his term as the Executive Director, RCSS, and Director of RBS.

It had been a long journey of 34 fruitful years in the service of Rajagiri since March 13, 1986.

The expansion of RCSS, the development of the Valley

Campus, and the establishment of RCBS and RBS were projects that he was with from the beginning to end. Both campuses have taken great strides forward. Dr.Joseph I Injodey, has been guiding RCSS and RBS very efficiently and generously for the last five years as the Executive Director and before that as a teacher and the Principal of RCSS.

The College Management gratefully acknowledges his efforts for building up the Rajagiri institutions. Special acknowledgment to some of the infrastructure



developments like; Carmel Block, Assumption hostel, La Providence Annex, RBS Extension, and academic achievements such as high ranks in National Institutional Ranking Framework (NIRF), Swachhta Award, RUSA scheme, Autonomous status, College with Potential for Excellence in Education, Unnath Bharath Abhiyan program, the Highest Grade in NAAC, etc. RBS was globally accredited with ACBSP, NBA, and Initiated the AACSB and EPAS international accreditations. His initiative to connect with Emerald Publishing Group to publish the Rajagiri Management Journal is worth remembering during his service with RBS.

Rajagiri Management also acknowledges his initiative of starting the School of Commerce with B Com programmes with Add -on professional Courses, MOU with CIMA, UK and ACCA UK; The School of Behavioral Sciences, Centre for Sustainable Livelihood, Bio-Technology Research Lab, Rajagiri Centre for Skill Development; (DDU-GKY) and CSR Projects and also strengthening Rajagiri Placements and Industry Connect.

Dr. Joseph Injodey bid farewell to the Institution on 31st, March 2020 after memorable 34 years of relentless contribution to the Rajagiri Community.

#### **Dr. CELINE SUNNY**

Executive Director, Research institute

Dr.Celine Sunny holds a Master's degree in Sociology, Women's Studies, and a doctorate in Social Sciences She has been heading Rajagiri Research Institute over a span of 35 years. She has also been instrumental in setting up of a Centre for Women's Studies and Development (CWSD) in 2000, exclusively for Researches and Training



on women Dr. Sunny has attended the International Post-graduate course on 'Rural Tourism on Women' (Israel), 'Advanced AVP Course' (New Zealand) and Certificate Course on 'Re-Thinking Partnerships 'at the Coady International Training Institute, St. Francis Xavier University, Canada. She has presented papers in the International Social Science Conference -2014 at VIVES University College, Belgium, and in the 9th NAPSIPAG Conference-2012, in Colombo, Sri Lanka. She has been a visiting faculty at the universities and institutes of Singapore, Malaysia, Hongkong, Jordan, Palestine, Netherlands, Japan, USA, and

UK. A former consultant of the World Bank, ADB, UNICEF, and ILO and recipient of the National award (2007) for the research work on 'Women and Governance', she has vast experience in teaching, research, training/workshops. Further, 7 scholars of MG University, Kerala, Christ University, Bangalore, and Bharathiyar University, Tamil Nadu, were awarded Ph.D. under her guidance. To her credit, Dr.Sunny has 145 research studies - baseline surveys and monitoring and evaluation, 600 training programmes for International agencies and depts. of Govt. of India and Govt. of Kerala. She has also coordinated more than 200 Road Safety Advocacy Programmes for the Ministry of Road Transport and Highways, Govt. of India. She has published many books and articles on social development and has implemented Action research projects in "water and sanitation (Jalanidhi)", tribal development and women empower-ment. She is the Member of the Internal Complaints committee (ICC) (under Section 19 (b) of The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal Act, 2013) of Federal Bank Ltd., HMT Ltd., Reliance Communications Ltd, Rajagiri School of Engineering & Technology, and Federal Operations and services Limited (Fedserv).

#### Dr. ROSEMARY VARGHESE

Professor & Dean Academics, Rajaairi Business School

Dr. Rosemary Varghese, Professor, Rajagiri Business School, retired on May 2020, after 22 years at Rajagiri as a parttime faculty for the international programme at Hill Campus and became a permanent faculty member for the MBA programme teaching Business Communication and Business Ethics.



Dr. Rosmeary also held some key administrative positions, as Assistant Chairperson (Faculty Admini-stration) and Dean (Academics). Designed the Business Communication module and carried out the training for senior managers from NEC Japan 2007/2008, Trained HP dealers in Change Communication Trained HR Personnel in Telephonic Interview Skill, Trained Heads of Polytechnics in improving the quality of educational programmes.

In her administrative capacity, she streamlined the faculty assessment processes and was in charge of the Student Success Centre, under which value-added courses and certifications were offered to students. Through the faculty

mentoring system, she was able to create an assessment process for each student in the co-curricular courses of the college, which was recorded in the final Certificate of Cocurricular Achievement. Besides this, she pioneered the Rajagiri National Business Quiz, which is now among the top quizzing events in the country.

During the last five years, she had been overseeing International accreditations for the Management programmes. Rajagiri successfully attained the international ACBSP accreditation for all three programmes—MBA, MHRM, and PGDM. More recently, she was in charge of the AACSB accreditation which completed two consecutive Self-Assessment Reports successfully. She retired on completion of the second report which has been accepted by the AACSB Assessment Committee.

During the course of her career, she has published a book titled From receptive knowledge to productive proficiency " ISBN 978-3-639-66452-2" published by Scholars Press, Germany, 2014, and several articles in reputed journals. She has also been part of corporate training teams for several organizations in the area of Business Communication. She has served Rajagiri with sincerity and dedication for more than two decades.

### Rajagiri welcomes new members to our Faculty wing.

#### **VALLEY CAMPUS**

- 1. James Dominic PhD (Finance) IIT Madras, MBA (Systems) – joined on 02<sup>nd</sup> March 2020.
- 2. Angela Susan Mathew MBA (Systems) IIT Delhi, BTech (IT) – joined 4<sup>th</sup> May 2020.
- 3. Anto Joseph PhD (Finance) IFHE University Hyderabad, M.Phil (Finance) – joined 4<sup>th</sup> May 2020.
- 4. Garima Sisodia PhD (Management) IFHE University Hyderabad, MBA (Finance & Marketing) – joined 4<sup>th</sup> May 2020.









Dr. M P Antoni-Head of the Centre of Corporate Social Responsibility (CSR) & Development Innovation.

#### **HILL CAMPUS**

- 1. CA Rajiv Rabindran-ACA-Department of Commercejoined in june 2020
- 2. Sruthi N. R. Ph.D. in Commerce-Department of Commerce – joined in june 2020
- 3. Christina Mariam Chacko- MSc Psychology, NET-Department of psychology-joinedin june 2020
- 4. Palayoor Benyne Jos-M.Sc. & M. Phil. (Clin.Psy.); Ph.D. (Germany)-Department of psychology-joined in june 2020
- 5. Aishwarya Paulson-M.A. English-Department of languages-joined in June 2020
- 6. Tanika Rajeswari V- M.A., NET-Department of languages-Joined in june 2020













### ANNUAL ACADEMIC STRATEGIC PLANNING RETREAT-BODHI 2020

The Four day Annual Academic Retreat, Bodhi '2020 for the Faculty members of RCSS and RBS, was held from May 27th to May 30th, 2020 at Valley campus. The first two days of the Retreat (May 27th and 28th, 2020) were held on the respective campuses. The following topics were discussed by the departments on both the campuses -Academic Calendar, Course Plan – including PO, PSO & CO and Rubrics, Timetable for online classes, Academic Work of teachers, Other administrative portfolios of faculty, AOL finalization, Preparation of online sessions, etc



PRAGATI' 2020 -Annual Review and Planning Retreat for the Live labs on Campus - Wednesday, 16<sup>th</sup> June & Thursday,17<sup>th</sup> June 2020

The First Day of PRAGATI workshop was held at the Hill Campus. The address was followed by a brainstorming session led by Fr.Shinto CMI wherein developing the Five Pillars for Strategic Planning was arrived at. On the second day, all the 60 participants gathered at the Valley campus at the RBS Conference Hall. Ms. Meena Kuruvilla, Project Director, Rajagiri outREACH welcomed the gathering and Fr. Shinto Joseph CMI, Assistant Director gave an introductory speech on the theme and the purpose of Pragati 2020. Dr. Mary Venus Joseph, Coordinator, IQAC Showcased the live lab activities in Institutional Assessments & Accreditations through the IQAC. The live labs thereafter got into their live lab-based groups to discuss and finalize the five Pillars.

**Pillar 1:** Projects and Programmes-a. Strengthening existing projects & Programmes,b. New Projects and programs,c. Consultancy

**Pillar 2:** Networking-a. Net working with other stakeholders, b. Academia – Live lab linkages,c. Marketing/ Public Relations/Mileage/Publicity,

Pillar 3: Capacity Building-a. Staff/Infrastructure/b. Training

**Pillar 4:** Research and Development -a. Research,b. Publication,c. Process documentation

**Pillar 5:** Unique Practices-a. Ex: Telephone befriending service provided by DDUGKY



#### **FACULTY DEVELOPMENT PROGRAMMES**

#### **Blended Learning Approach For Teaching Learning**

Blended learning approach for teaching learning is the main focus in the Academic year 2020-21. To build up capacity for blended learning, there were a series of Faculty Development Programmes planned and organized by the IQAC.

### 1) Programme on use of Microsoft teams in online classrooms

03.06.2020: Training for Coordinators from each Departments at Hill campus (10.30 a.m. to 1.00 pm) Resource Person: Prof. Sreejith M.R.4<sup>th</sup> June 2020-Faculty Development Program on Microsoft Teams was held at Rajagiri Valley Campus for Faculty members. The FDP was organized and conducted by Professor Sreejith R.







### 2) Use of various tools for learner engagement in online class rooms.

04.06.2020 --Time: 02.00 to 03.00 p.m. face to face training followed by online session. Resource Person: Mr. Allen John, Head, Learning & Development, CTS, Kochi

Points discussed were Before Each Live Session, 15 minutes pre activity and how to seek the attention of participants/students

### 3) 05.06.2020 - How to use interactive touch screen panels for effective online teaching learning.

09.00 a.m. to 12.00 noon at Rajagiri Hill Campus & 02.00 p.m. to 05.00 p.m. at Rajagiri Valley campus. The Resource Person was Mr. Jossy. The Features covered in the session included Multi-Finger Gesture Control, Auto Email, Voice Recognition, Screen Recording, Endless Canvas/Pages, Text Recognition/Shape Recognition, Math Recognition (Formula Recognition), Browse the Internet, Split the Board, Presentations. The session concluded by providing the teachers to perform some activity on the panel and which made them at comfort to use the panel.

- **4)** An online training class was scheduled on Wednesday 10th, June, at 7.30 pm. Mr. Alen John from Cognizant handled the session.
- **5)** Training / on boarding Program via ZOOM. This program ensured the solution is used in the best possible way in the Turn tin Feedback studio, at 2 pm, on 7th May 2020

Panel Discussion (Webinar) was organized in Valley Campus on 9<sup>th</sup> June 2020. The Webinar was on the topic Blurring Lines between 'Business' & 'Social Business.' Professor Abhilash G Nambudiri was the Moderator.

The Department of Psychology organized free online courses for the best interest of the students. 1. Gambling-Dr. Sanju George and 2. CBT- Noble Chacko

#### TRAINING PROGRAMME FOR NON-TEACHING STAFF

IQAC organized a training programme for non-teaching staff on 'Financial Savings and Investments for the Future' on 18th May 2020. 47 non-teaching-Staffs attended the program.



### SKILL DEVELOPMENT PROGRAM FOR NON-TEACHING STAFF

The Department of Commerce and Business Studies in association with Internal Quality Assurance Cell (IQAC), organized a Skill Development Program for Non-Teaching Staff on Microsoft Office, of Rajagiri hill campus and valley campus. Assistant Professor Mahesh K.M (Department of Commerce) was the resource person for the training session. Around 22 non-teaching-Staffs attended the program at the Carmel Lab from: 11 May 2020- 11 June 2020 for 38 hours. The Syllabus covered were MsWord, Ms Excel and Ms PowerPoint



#### **FACULTY ACHIEVEMENT**

Prof. Esha Saha has been awarded Ph.D on the topic "Modelling and Analysis of Healthcare Inventory Management Systems" by Indian Institute of Technology, Kharagpur on May 04, 2020

Prof. Shiju developed indigenously an online platform for Rajagiri for hosting online sessions by faculty. Rajagiri is moving into a new direction of digitalizing the classrooms. Each faculty member prepared video clips for the topics of all the courses he/she has taught, 50% of the topics of a course were converted in digital form.

#### STUDENT ACHIEVEMENTS

- BCom student Ms Linnet Philip secured admission at IIM Amritsar.
- Maria Dony- Second Semester B.Sc Psychology participated in a National level French Devinettes Competition conducted by Loyola College, as a part of CONCOURS D'ÉTÉ, and secured 96% marks...
- lisha Sara Shibu of Second Semester B.Sc Psychology participated in a National level online French Quiz Competition conducted by Loyola College, as a part of CONCOURS D'ÉTÉ, and secured 92% marks.
- Aswathi Suresh-Second Semester B.Com Model 2 Second semester participated in a National level online French Quiz Competition conducted by Loyola College, as a part of CONCOURS D'ÉTÉ, and secured 100% marks.
- Following Library Science students qualified UGC NET
  1. Prakash Abraham 2. Aparna Thulaseedharan 3. Dhanuja E

#### SIGNIFICANT DAY CELEBRATIONS ON CAMPUS

#### **ENVIRONMENT DAY CELEBRATION**

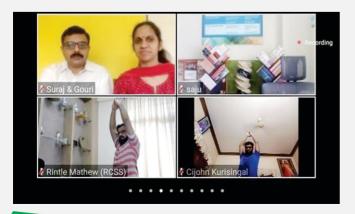
- ENCON Club observed World Environment day on June 5 by students planting tree saplings in their houses.
- In commemoration of the World Environment Day and the 2020 theme of "Celebrating BIODIVERSITY", CUMI through Rajagiri outREACH conducted a celebration on 5<sup>th</sup> June 2020. 150 saplings were distributed to the sponsorship children and Kalamassery Community.



Rajagiri outREACH Suraksha Migrant Project, Perumbavoor Staff observed Environment Day among the Guest Workers on 05.06.2020 with the theme "Celebrating BIODIVERSITY"

#### **INTERNATIONAL YOGA DAY (25-6-2020)**

Rajagiri College of Social Sciences organised a live webinar on International yoga day on "Yoga Skill in action". Mr. Suraj Nair and Gouri Nair were the resource persons. Dr. Binoy Joseph principal Welcomed the participants and introduced the Trainers. Dr. Fr. Saju M.D Was the moderator of the programme and gave an introductory session on the importance of Yoga.. The Session had some yoga demonstrations which all the participants performed together with the trainers, Some pranayamas were also demonstrated.



### INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

Rajagiri outREACH ODIC team observed International Day against Drug Abuse and Illicit Trafficking at 2.00 p.m. on 26.06.2020 by conducting interactive session on "Drug Usage and its' harmful effect on Student Life" at Varapuzha Hotspot area. Mrs. Kairali, CDS Member arranged students' participation in the session. Ice breaking session and games were conducted keeping in mind the COVID-19 protocol. Palm print campaign was conducted among the 15 children saying "NO TO DRUGS". Individual sessions with screening test using WHO tool was also conducted.

The EBSB club of Rajagiri College of Social Sciences conducted a college level essay writing competition as part of the international day against drug abuse and illicit trafficking on 26th june. The best entries were selected and posted on the official College facebook page.

### INAUGURATION OF THE SOCIAL WORK PROGRAMMES (2020-2021)

The new academic year (2020-2021) for BSW & MSW Programmes commenced on June 1, 2020. The new academic year began with an orientation session at 10 am with a prayer hymn. The academic activities scheduled, especially the new online mode of teaching and learning for the new academic year was communicated by Dr. Fr. Joseph M. K., Head, and Department of Social Work. After his address, other faculty members provided an overview of how they would coordinate various academic activities entrusted to them.

#### INAUGURATION OF STUDENT CLUBS AND SWARAJ FORUM

- The activities of the Student Clubs and SWARAJ Forum of the department of Social Work for the academic year 2020-2021 was inaugurated on June 30, 2020.
- Inauguration Junior SWARAJ & Youth RedCross, Rotaract, Encon Club & National Service scheme (Unit 59) on Tue,30,June,2020 on Google Meet
- Rotaract Club observed World Ocean Day on June 8, World Music and Fatherhood Day on June 21.
- Youth Red Cross club organized "Outlive Corona" a live session with a COVID 19 survivor, Mr. Vishnu Sasidharan on June 18, 2020

#### INTERNATIONAL ACADEMIC COLLABORATIONS

 Final Review Meeting of the Students from Vives University of Applied Sciences, Belgium was conducted on 27<sup>th</sup> June 2020. Abdul Basir Zemarai, Anouk Vangheluwe and Eden Noa Reuven presented their Final Bachelor Theses and received comments from the panelists.



#### COLLEGE- COMMUNITY ENGAGEMENTS THROUGH OUR "CAMPUS LIVE LABS"

### Distribution of Study Materials / Furniture to Sponsored Children

- Rev. Fr. Sibin Pereppadan, Vice Principal & Rev. Fr. John Berkman, Manager of Viswajyothi CMI Public School had distributed note books to six Viswajyothi Sponsorship students of Vengoor Harijan Colony area on 09.06.2020.
- Study table, chair and Cot were distributed to a sponsored child at Kuzhuppilly (Edavanakad) in Ernakulam District on 19.06.2020.
- Study materials viz., Note books and Umbrellas were distributed to 40 sponsored children at Kripa Chunangamyely on 26.06.2020.

#### **Fund Collection from Women Beneficiaries**

During June 2020, Rajagiri outREACH Staff resumed fund loan collection from Women Beneficiaries of Aloor, Nadathara and Thrissur under K P Paul Foundation Project.Mrs. Meena Kuruvilla, Project Director, Rajagiri outREACH conducted an online session for training the District Child Protection Officers on the topic "Role of DCPOs in Adoption" on 22.06.2020 which was organized by Department of Women and Child Development, Government of Kerala.

#### Overseas Trainings / Sessions / Seminars

Mrs. Elizabeth Penelope Lobo, Senior Coordinator Administration, Rajagiri outREACH, had attended the Webinar on Project Management on the topic "UK MBA Module – Project Management" conducted at United Arab of Emirates by Expert Faculty, Mr. Ramesh Gopal, on May 29, 2020 & June 05, 2020 from 9.30 to 12.30 UAE time.

#### **Commencement of the Sanctioned New Projects**

Two new projects sanctioned by National Institute of Social Defence (NISD), Government of India, New Delhi had commenced operations during June 2020 under the umbrella

of Rajagiri outREACH, Rajagiri College of Social Sciences, Kalamassery, viz., Outreach & Drop In Centre (ODIC) at Ernakulam & Community Based Peer Led Intervention (CPLI) at Kozhikode, based on "Focused Intervention Programmes under National Action Plan for Drug Demand Reduction".

#### **COVID-19-RELATED ACTIVITIES**

#### **WEBINARS**

- Rajagiri Business School and Rajagiri College of Social Sciences hosted an International Seminar (Webinar) in association with Western Michigan University titled "Business Sustainability during the COVID - 19 Crisis" on 15<sup>th</sup> May 2020. Dr. Sunil Puliyakot was the Moderator and Dr. Krishnan Chandramohan was the Panelist
- 2. Department of Commerce and Professional Studies, Rajagiri College of Social Sciences has conducted a National Webinar as a COVID\_19 lock down extension activity on 17<sup>th</sup> May 2020. Topic was *Business and Society:* Post COVID Thoughts. Resource Person of the webinar was Dr. Gabriel Simon Thattil (Professor, Department of Commerce & IQAC Director, University of Kerala). Participants included people from different professorship designations to contract lecturers. Assistant Professor Vishnu. NS was the program Co-coordinator.
- 3. A webinar was organised on June 5, titled 'Social Work Response during Pandemic: Education, Research and Practice', which was chaired and moderated by Dr. George Palattiyil (MSW Programme Director and Senior Fellow of the Higher Education Academy University of Edinburgh). The webinar had 7 invited speakers and 102 participants.
- 4. Mrs. Meena Kuruvilla was invited to speak during the Webinar on the topic "Social Work Response during Pandemic towards Guest Workers" on 05.06.2020

#### **DISTRIBUTION OF MASKS**

• In response to the prevention of the spread of COVID-19, Rajagiri College of Social Sciences in coordination with Rajagiri outREACH distributed one lakh masks to the needy community residing in various locations in Ernakulam District. The inauguration of distribution of the masks was held on May 11, 2020 in front of the College gate and was inaugurated by Dr. Binoy Joseph — Principal. The masks were distributed to the residents living in the neighbourhood and also to the public by Rev. Dr. Fr. M.K. Joseph CMI, HOD, Department of Social Work, Rev. Fr. Shinto Joseph CMI - Assistant Director, Rev. Fr. Rintle Mathew CMI — Administrator of Rajagiri College of Social Sciences and Mrs. Meena Kuruvilla, Project Director of Rajagiri outREACH.

- Rajagiri outREACH in coordination with Geojit Financial Services Pvt. Ltd., engaged the mothers of sponsored children to stitch masks for distribution at 5 panchayats namely Pothanikkad, Paingatoor, Budhanoor, Perumanna and Vadakarapathy. Geojit had provided the materials and stitching charge to the mothers who were stitching the masks. Mr. George of Rajagiri outREACH had coordinated the project during the COVID-19 Lockdown. 13000 masks were distributed to each Panchayat. A total of 65000 masks were distributed during May 2020 commencing from 15.05.2020.
- Department of Social Work collaborated with Rajagiri outREACH and District Administration of Ernakulam to distribute Food and Health Provision Kits, to the needy Guest workers, Fishermen and their families. The kit distribution was done in the coastal areas of Chellanam Grama Panchayat in Ernakulam on May 21, in Sreemoolanagaram Grama Panchayat on May 11 and Government L.P. School, Ernakulam on May 14. The kits were distributed by Dr. Fr. Saju M. D. (Vice-Principal and Associate Director, RCSS), Dr. Fr. Joseph M. K. (Head, Department of Social Work RCSS) and Fr. Shinto Joseph (Assistant Director, RCSS). The kit distribution at Chellanam Grama Panchayat had the presence of Shri. S. Suhas IAS, District Collector Ernakulam, who had inaugurated the distribution.



 200 masks were distributed on June 8, 2020 to Senior Citizens at Kothad, Kadamakudy and Binanipuram Elderly Day Care Centres by Rajagiri outREACH Staff in association with Rajagiri College of Social Sciences.

#### **DISTRIBUTION OF FOOD AND HEALTH PROVISIONS**

 Rajagiri College of Social Sciences in association with Rajagiri outREACH distributed 679 kits to Ernakulam Girls' High School Students, Tribal hamlets at Kuttampuzha Panchayat, Staff of Rajagiri College of Social Sciences, HIV affected and Infected families, Kalamassery

- Auto Rickshaw Drivers, Poor Socio-economic families at Vallarpadam and Fishermen families at Chellanam. Total 2679 COVID-19 Relief Kits were distributed to 1 Corporation, 5 Municipalities and 15 Panchayats in Ernakulam District with the support of ITC Rural Development Trust Kolkata and Staff, Students and Alumni of Rajagiri College of Social Sciences (Autonomous), Kalamassery
- The Food and Health Provision Kits were packed with the support of Rev. Dr. Fr. Mathew Vattathara CMI – Director, Rev. Dr. Fr. Saju M.D. CMI - Associate Director, Dr. Binoy Joseph - Principal, Rev Dr. Fr. M.K. Joseph - Head of the Department of Social Work



• The Distribution of Food and Health Provision Kits was inaugurated by Smt. Sati Jayakrishnan, Chairperson, Perumbavoor Municipality on May 9<sup>th</sup> 2020, in the presence of Rev. Dr. Fr. Saju M.D., CMI, Associate Director and Dr. Binoy Joseph, Principal. The kits were distributed to the guest workers with the support of ITC Rural Development Trust, Kolkata, Local Self Government, district administration, labour department, Kerala State AIDS Control Society, health department and the Staff of Suraksha Migrant Project of Rajagiri outREACH at Kalamassery and Perumbavoor. A total of 2000 Food and Health Provision Kits were distributed to Guest Workers and Cerelac and Lactogen were also distributed to 121 children of Guest Workers' families.



Rev. Dr. Fr. Jose Kuriedath CMI, Provincial of Sacred Heart Province inaugurated the distribution of kits to the Autorickshaw Drivers on May 19, 2020 at Rajagiri College of Social Sciences, Kalamassery, in the presence of Rev. Dr. Fr. Saju MD CMI – Associate Director, Rev. Fr. Shinto Joseph CMI – Assistant Director, Rev. Fr. Rintle Mathew CMI – Administrator, Rev. Fr. Mathew Kiriyanthan CMI - Chairman - Sahrudaya Services and Charities, Dr. Jaya Vijayan – Dean of Student Affairs, Rajagiri College of Social Sciences and Mrs. Meena Kuruvilla – Project Director of Rajagiri outREACH.



- Rajagiri College of Social Sciences and Rajagiri outREACH distributed 220 Food and Health Provision Kits to the needy Fishermen and their families residing in the coastal areas of Chellanam Grama Panchayat in Ernakulam District as per the directive of Shri. S. Suhas IAS, District Collector Ernakulam, had inaugurated the distribution of the kits on 21.05.2020
- Rajagiri outREACH staff, Mr. Ranjith K.U., in association with Samatha Charitable Trust distributed 70 nutrition kits including vegetables, rice and pulses to Senior Citizen Day Care Centre at Kothad during 16th May 2020.

#### **DISTRIBUTION OF SEWING MACHINES**

 Rajagiri College of Social Sciences, Rajagiri outREACH with the support of Rotary Club Kalamassery had shortlisted 90 needy women of Ernakulam District and distributed sewing machines during the COVID-19 lockdown period to overcome their financial crisis through stitching of masks during May 2020



#### TELE COUNSELLING AND PSYCHO-SOCIAL SUPPORT

- During the lockdown period, the Kaval team contacted all childrens and enquired about their wellbeing and ensured their safety, Kaval team provided COVID-19 awareness for 60 CCIs, tele counselling for 54 CCIs, family counselling for 9 children, police support for 4 children, legal support for 2 children, follow-up of de-addiction treatment of 2 children.
- Kaval team was also involved in rejuvenating activities conducted by the State Kaval team for Kaval staff, and Rajagiri Kaval team bagged the second prize.
- The sponsored children under Rajagiri outREACH were given tele counselling and psycho social support during the COVID-19 lockdown. Rajagiri outREACH Staff engaged the sponsored children with creative activities / tasks viz., painting, story and article writing, poems, art works, craft works, etc.. These articles and drawings were collected from the sponsored children.
- Rajagiri outREACH Staff, provided tele counselling to the Women Beneficiaries of K.P. Paul Foundation Project during May 2020, to overcome their anxieties and also conducted home visits and arranged for them to be engaged in stitching of masks.

### TELEPHONE BEFRIENDING – A UNIQUE PRACTICE EMULATED AT THE STATE AND NATIONAL LEVEL.

Rajagiri Centre for Skill Development (RCSD) introduced a programme "Telephone Befriending intervention", to provide the Alumni of the Centre with additional social support through the development of an empathetic, emotion-focused relationship. Association with Kudumbashree helped "Telephone Befriending" to benefit 15,000 DDU-GKY students and their households. Furthermore, National Institute for Rural Development Panchayati Raj (NIRDPR) under the Ministry of Rural Development (MoRD) have decided to replicate the program nationally to ameliorate living conditions of above 2.5 lakhs individuals. The intention of "Telephone Befriending" advanced by Rajagiri was thus well received at the State and National level.

#### **RESEARCHES RELATED TO COVID-19**

- Dr. Sangeetha K. L.Assistant Professor, Commerce conducted a study relating to the "Social Networking Site Usage during COVID-19 Lock Down".
- The Department of Psychology, conducted a study on 'Mental Health in Kerala during COVID-19 and Lockdown'.

Rajagiri Wellbeing Initiative – 'How is your Mental Health during the period of COVID 19'. A massive study was conducted with more than 900 responses within a day. Our trained volunteers have handled around 53 calls to those who have shared the phone numbers. This was possible with the effort of many – Dr. Joseph Injodey, Dr. Binoy Joseph, conceptualisation by Fr Saju and Dr Sanju, Dr.Jessy Fenn, web application developed by Sreejith, technical support by Dr. Bindiya and Dr Jaya, translation of the tool by Sisha, the online poster created by Nikhil. The main part of the propagation of the information to various

media was iniated by Dr Manoj Mathew , Meena Kuruvilla, Shaju, Soman, Asha, Dr Kiran and Mr. Irfan

#### **Financial contributions**

- A gesture of care to Govt U.P School, Pattanakkad, cherthala by our MSW students. They collected money and bought a TV for the school student who otherwise was not able to participate in the online classes.
- The Disaster management wing of Rajagiri College of Social Science was distributing ONE LAKH masks in the community by stitching these masks with the help of various stitching units available nearby.

# Our Deepest Condolence on the demise of our dear P.J.Ignatius,

Former President, Rajagiri Alumni Association (OYSTER)



P.J.Ignatius graduated MSW from Rajagiri College of Social Sciences in 1977. He was a genuine well-wisher of the College. Built up our Alumni Association and was its President for many years especially during the Golden jubilee celebration of the College. P. J. Ignatius must be one of the very few hospital consultants who had tremendous resources in materials, manpower and technology. Experienced Public Relations Consultant with a demonstrated history of working in the higher education industry. Strong media and communication professional with a Master of Business Administration (M.B.A.) focused in Finance and Marketing from SMS CUSAT (1987) .He had previously worked with Medical Trust Hospital from Jan 1980 to 2008 as the Commercial Manager and later as the Public Relations Officer, Rajagiri School of Engineering & Technology. He was Consultant to Rajagiri Hospital from its beginning and also served as the Hospital Consultant, Public Relations Officer, Rajagiri Hospital from 2010 – 2019. He held other positions as President Chavara Elias Voluntary

Association (CEVA) Ernakulum, Treasurer, Indian Council of Social Welfare (ICSW), kerala Chapter etc. and instrumental in the establishment of 'Father Jose Alex Award for Excellence in Social Work' as a Rajagiri alumni initiative. Ignatius passed away on 19-April-2020.

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